



## Promoting Stroke Awareness

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### PRESS RELEASE

“FOR IMMEDIATE RELEASE”

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### “CHAUNCEY’S CHOICE! AND LATINO LEADERSHIP ALLIANCE OF BUCKS COUNTY”

**PHILADELPHIA, PA—February 24, 2011**—The Latino Leadership Alliance of Bucks County as of March 1, 2011, will open their doors to *Chauncey’s Choice!* to educate their youth on stroke awareness. The LLABC, a non-profit organization, serves to develop and implement programs that address those preventative health, education and social issues identified by Latino residents as critical to their future and the future of their children.

The founder of Healthy Thoughts, Davida Godett, suffered three strokes in her early thirties and her life as a single mother was severely altered. Godett’s son Chauncey wanted other youth to understand the dynamics of a stroke. So along with Chauncey, Godett developed *Chauncey’s Choice!*, a health initiative that is for after school programs to do just what Chauncey wanted to do, teach youth about strokes.

Godett started Healthy Thoughts in 2009 with the premise that there is a need for stroke awareness along with health awareness in general. She wants her story to inspire others to maintain a positive outlook on life, as well as empower youth and adults about the warning signs of a stroke and preventive matters of a stroke.

For further information call (215) 637-5815 or e-mail [info@healthythoughtsworld.org](mailto:info@healthythoughtsworld.org)

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USING HEALTHY THOUGHTS, TO INSPIRE HEALTHLY MINDS,  
TO HEAL THE BODY AND ENSURE A HEALTHIER YOU